WEDNESDAY, MARCH 13, 2019

12:30–1:00  Registration  Lobby
1:00–2:00  Opening Keynote  Auditorium

Stepped Care 2.0: A Framework for Rapid Access, Flexible Care Options and Improved Outcomes

Peter Cornish, PhD, Associate Professor, Registered Psychologist, Memorial University of New Foundland

2:15–5:15  Workshops  [select either one Workshop, or two Mini-Workshops]

Exploring the Utility of a Web-based Intervention for College Students with Symptoms of Depression and Anxiety

Todd K. Favorite, PhD, ABPP, Clinical Assistant Professor, University Psychological Clinic, University of Michigan; Jon Ross, LLMSW, Senior Patient Services Associate, University Psychological Clinic, University of Michigan; Emily Fisher, LLMSW, Social Work Fellow, University Psychological Clinic, University of Michigan

The Importance of College Sleep: Connections to Mental and Physical Health, Retention, and Academic Success

J. Roxanne Prichard, PhD, Scientific Director, Center for College Sleep, Professor of Psychology and Neuroscience, University of St. Thomas

U-M Dean of Students Office Critical Incident and Case Management Model

Sarah Daniels, MA, Associate Dean of Students, University of Michigan; Devin Berghorst, MA, PhD Candidate, Senior Case Manager, Dean of Students Office, University of Michigan

OR

2:15 – 3:45  Mini-Workshops

The Genesis of Mental Health Issues on College Campuses: A High School Perspective

17 Novi High School Students; RJ Webber, MPA, CHRS, EdD, Assistant Superintendent, Novi Community School District; Darby Hoppenstedt, LPC, MS/MEd Coordinator, Novi Community School District; Melissa Matson, MBA, Executive Assistant, Novi Community School District, Meaghan Wheat, Undergraduate Student, University of Michigan

Where’s the Rubber Chicken? Utilizing Adventure Leadership to Improve Student Mental Health

Kallie England, LMSW, Clinical Social Worker, Adventure Leadership; M. Antonia G. Alvarez, LMSW, School of Social Work; Jessa Lytle, BS, Assistant Director, Adventure Leadership, University of Michigan

AND

3:50–5:15pm  Mini-Workshops

How to Empower Student-Led Peer Support in our Communities

Stefan Santrach, Wolverine Support Network; Jordan Lazarus, Wolverine Support Network; Luke Henke, PsyD, Coordinator of Peer Initiatives, Counseling and Psychological Services, University of Michigan

Beyond the Therapeutic: Addressing Mental Health though Landscape

Andre Banerjee, BS, Landscape Designer, The Ohio State University

5:15–6:15  Poster Session and Networking Reception  Assembly Hall

Shuttle Service  Shuttle service to and from the conference will be provided between the Hampton Inn South and the Rackham Graduate School. The shuttle will run every 15 minutes from 12:00 pm–1:00 pm and 5:30–6:30 pm on March 13th, and from 8:00–9:00 a.m. and 3:00–4:30 pm on March 14th.
THURSDAY, MARCH 14, 2019

8:30-9:00  Continental breakfast and registration
Lobby

9:00-10:30  Panel Discussion
Auditorium
Stepped Care Here and There: Experiences of Early Adopters
Thomas Baez, PhD, LP, Director, Counseling Center, Furman University; Gillian Berry, PhD, LICSW, LCSW-C, Associate Director, Colonial Health Center, Enrollment and the Student Experience, The George Washington University; Peter Cornish, PhD, Associate Professor, Registered Psychologist, Memorial University of New Foundland

10:45-12:00  Concurrent Sessions
Amphitheatre 4th Floor

A Trauma-informed Approach to Building College Students’ Resilience
Ann Perko, JD, Institute for Family Violence Studies, College of Social Work, Florida State University

Using Multiple Sizes to our Advantage: The UM CAPS Embedded Model of Service Delivery
Kristen Adams, PhD, CAPS Embedded Psychologist, School of Nursing, University of Michigan; Laura Monschau, PhD, CAPS Embedded Psychologist, Rackham Graduate School, University of Michigan; Todd Sevig, PhD, Director, Counseling and Psychological Services, University of Michigan; Reena Sethi, PhD, CAPS Embedded Psychologist, Law School, University of Michigan; Jamie (Juemei) Yang, PhD, CAPS Embedded Psychologist, College of Pharmacy, University of Michigan

Assembly Hall 4th Floor

The Care Advocate Program: Mobilizing Staff and Supporting Students
Andrea Lobert, MSW, LMSW, Care Advocate Program Manager/Care Team Coordinator, Central Michigan University; Erica Redmond, MA, LPC, Care Advocate South Community, Central Michigan University

East Conference Room 4th Floor

The Intersection of Mental Health and Disability: Accounts from College Students
Megan Fujita, MSW, PhD Candidate, George Mason University; Grace L. Francis, PhD, Assistant Professor, George Mason University; Jodi M. Duke, EdD, Associate Professor, George Mason University

East Lounge 2nd Floor

Non-Suicidal Self-Harm: Impact on Marginalized College Student Populations and their Access to Mental Health Services
Patricia Dixon, LMSW, University Counselor II, Wayne State University; Suzanne Browne, PhD, LMSW, Assistant Professor, Wayne State University; Stella Resko, PhD, Associate Professor, Wayne State University; Ellen Barrett-Becker, PhD, LP, Associate/Training Director, Wayne State University; Jeffrey Kuentzel, PhD, Director, Counseling and Psychological Services, Wayne State University

East Conference Room 4th Floor

Fast Track to Treatment: Creation of a Young Adult IOP
Jennifer Lang, MA, MSW, LISW-S, Care Manager, Counseling and Consultation Service, The Ohio State University

West Conference Room 4th Floor

Performing Legitimacy: A Proposed Arts-Based Model for Addressing Cultural Dimensions of Student Help-Seeking Behavior
Nathaniel Sawyer, MAPSS, Master’s Candidate, University of Chicago; Maggie Mang, BA, Master’s Candidate, Vanderbilt University

12:00-1:15  Banquet Lunch and The George Orley Student Mental Health Advocate Award
Michigan League Ballroom
Student Award Recipients: Kimberly Snodgrass and Mehak Hafeez
Presentation by: Diane and Randy Orley, Parents of George and Mental Health Advocates

1:30-2:45  Concurrent Sessions
Amphitheatre 4th Floor

Reduce Loneliness, Build Connection: Actionable Insights to Address Loneliness and the Associated Mental Health and Retention
Nathaan Demers, PsyD, Vice President & Director of Clinical Programs, YOU at College, Grit Digital Health

East Lounge 2nd Floor

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3:00-4:00  Closing Keynote
Auditorium

Personalized, Precision Treatments for Depressions and Anxiety Disorders on College Campuses: The Time Has Come!
John F. Greden, MD, Executive Director, University of Michigan Comprehensive Depression Center; Rachel Upjohn Professor of Psychiatry and Clinical Neurosciences; Research Professor, Molecular & Behavioral Neuroscience Institute; Founder and Chair, National Network of Depression Centers

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