

WEDNESDAY, MARCH 13, 2019

12:30-1:00

Lobby

Registration

1:00-2:00

Auditorium

Opening Keynote

Stepped Care 2.0: A Framework for Rapid Access, Flexible Care Options and Improved Outcomes

Peter Cornish, PhD, Associate Professor, Registered Psychologist, Memorial University of New Foundland

2:15-5:15

Amphitheatre
4th Floor

Workshops *(select either one Workshop, or two Mini-Workshops)*

Exploring the Utility of a Web-based Intervention for College Students with Symptoms of Depression and Anxiety

Todd K. Favorite, PhD, ABPP, Clinical Assistant Professor, University Psychological Clinic, University of Michigan; *Jon Ross, LLMSW*, Senior Patient Services Associate, University Psychological Clinic, University of Michigan; *Emily Fisher, LLMSW*, Social Work Fellow, University Psychological Clinic, University of Michigan

East Lounge
2nd Floor

The Importance of College Sleep: Connections to Mental and Physical Health, Retention, and Academic Success

J. Roxanne Prichard, PhD, Scientific Director, Center for College Sleep, Professor of Psychology and Neuroscience, University of St. Thomas

East Conference Room
4th Floor

U-M Dean of Students Office Critical Incident and Case Management Model

Sarah Daniels, MA, Associate Dean of Students, University of Michigan; *Devin Berghorst, MA*, PhD Candidate, Senior Case Manager, Dean of Students Office, University of Michigan

OR

Mini-Workshops

2:15 - 3:45

West Study Hall
2nd Floor

The Genesis of Mental Health Issues on College Campuses: A High School Perspective

17 Novi High School Students; *RJ Webber, MPA, CHRIS, EdD*, Assistant Superintendent, Novi Community School District; *Darby Hoppenstedt, LPC*, MTSS/504 Coordinator, Novi Community School District; *Melissa Matson, MBA*, Executive Assistant, Novi Community School District; *Meaghan Wheat*, Undergraduate Student, University of Michigan

West Conference Room
4th Floor

Where's the Rubber Chicken? Utilizing Adventure Leadership to Improve Student Mental Health

Kallie England, LMSW, Clinical Social Worker, Adventure Leadership; *M. Antonia G. Alvarez, LMSW*, School of Social Work; *Jessa Lytle, BS*, Assistant Director, Adventure Leadership, University of Michigan

AND

3:50-5:15pm

West Study Hall
2nd Floor

How to Empower Student-Led Peer Support in our Communities

Stefan Santrach, Wolverine Support Network; *Jordan Lazarus*, Wolverine Support Network; *Luke Henke, PsyD*, Coordinator of Peer Initiatives, Counseling and Psychological Services, University of Michigan

West Conference Room
4th Floor

Beyond the Therapeutic: Addressing Mental Health through Landscape

Andre Banerjee, BS, Landscape Designer, The Ohio State University

5:15-6:15

Assembly Hall
4th Floor

Poster Session and Networking Reception

THURSDAY, MARCH 14, 2019

8:30-9:00 Continental breakfast and registration

Lobby

9:00-10:30

Auditorium

Panel Discussion

Stepped Care Here and There: Experiences of Early Adopters

Thomas Baez, PhD, LP, Director, Counseling Center, Furman University; *Gillian Berry, PhD, LICSW, LCSW-C*, Associate Director, Colonial Health Center, Enrollment and the Student Experience, The George Washington University; *Peter Cornish, PhD*, Associate Professor, Registered Psychologist, Memorial University of New Foundland

10:45-12:00

Amphitheatre
4th Floor

Concurrent Sessions

A Trauma-informed Approach to Building College Students' Resilience

Ann Perko, JD, Institute for Family Violence Studies, College of Social Work, Florida State University

Assembly Hall
4th Floor

Using Multiple Sites to our Advantage: The UM CAPS Embedded Model of Service Delivery

Kristen Adams, PhD, CAPS Embedded Psychologist, School of Nursing, University of Michigan; *Laura Monschau, PhD*, CAPS Embedded Psychologist, Rackham Graduate School, University of Michigan; *Todd Sevig, PhD*, Director, Counseling and Psychological Services, University of Michigan; *Reena Sheth, PhD*, CAPS Embedded Psychologist, Law School, University of Michigan; *Jamie [Juemeil] Yang, PhD*, CAPS Embedded Psychologist, College of Pharmacy, University of Michigan

East Conference Room
4th Floor

The Care Advocate Program: Mobilizing Staff and Supporting Students

Andrea Lobert, MSW, LMSW, Care Advocate Program Manager/Care Team Coordinator, Central Michigan University; *Erica Redmond, MA, LPC*, Care Advocate South Community, Central Michigan University

West Conference Room
4th Floor

The Intersection of Mental Health and Disability: Accounts from College Students

Megan Fujita, MSW, PhD Candidate, George Mason University; *Grace L. Francis, PhD*, Assistant Professor, George Mason University; *Jodi M. Duke, EdD*, Associate Professor, George Mason University

12:00-1:15

Michigan League Ballroom

Banquet Lunch and The George Orley Student Mental Health Advocate Award

Student Award Recipients: *Kimberly Snodgrass* and *Mehak Hafeez*
Presentation by: *Diane and Randy Orley*, Parents of George and Mental Health Advocates

1:30-2:45

Amphitheatre
4th Floor

Concurrent Sessions

Reduce Loneliness, Build Connection: Actionable Insights to Address Loneliness and the Associated Mental Health and Retention

Nathaan Demers, PsyD, Vice President & Director of Clinical Programs, YOU at College, Grit Digital Health

East Lounge
2nd Floor

Non-Suicidal Self-Harm: Impact on Marginalized College Student Populations and their Access to Mental Health Services

Patricia Dixon, LMSW, University Counselor II, Wayne State University; *Suzanne Browne, PhD, LMSW*, Assistant Professor, Wayne State University; *Stella Resko, PhD*, Associate Professor, Wayne State University; *Ellen Barrett-Becker, PhD, LP*, Associate/Training Director, Wayne State University; *Jeffrey Kuentzel, PhD*, Director, Counseling and Psychological Services, Wayne State University

East Conference Room
4th Floor

Fast Track to Treatment: Creation of a Young Adult IOP

Jennifer Lang, MA, MSW, LISW-S, Care Manager, Counseling and Consultation Service, The Ohio State University

West Conference Room
4th Floor

Performing Legitimacy: A Proposed Arts-Based Model for Addressing Cultural Dimensions of Student Help-Seeking Behavior

Nathaniel Sawyer, MAPSS, Master's Candidate, University of Chicago; *Maggie Mang, BA*, Master's Candidate, Vanderbilt University

3:00-4:00

Auditorium

Closing Keynote

Personalized, Precision Treatments for Depressions and Anxiety Disorders on College Campuses: The Time Has Come!

John F. Greden, MD, Executive Director, University of Michigan Comprehensive Depression Center; Rachel Upjohn Professor of Psychiatry and Clinical Neurosciences; Research Professor, Molecular & Behavioral Neuroscience Institute; Founder and Chair, National Network of Depression Centers